

DAY BY DAY CANADA (all times PST unless noted as MT)

9/11	✓ Done! Online Train Check-in Before trip: 1-604-737-8743		Rocky Mountaineer Booking # WHS1644649 During trip: 800-653-4105
9/14	Confirm trip insurance & receipt		Call in any changes to Eric, 1-888-304-2139 Fresh Tracks Canada Itinerary, Park Pass, Vouchers
9/14	Print vouchers, tours, itineraries		Other tours/reservations linked below/Hope has printouts
9/15 Tues	Arrive in Vancouver Meet Driver 4:29pm Customs, collect baggage, then move to exit. Keep right of Info Centre towards Ground Transportation. At end of walkway BEFORE exiting terminal find 2 large wooden statues. Then look for our driver standing at right behind a blue ribbon with a sign "OLIVER" Travel Time to hotel: 35 min	Prepaid YES YES	2:06 PM Dan & Hopes United Airlines UA1767 Karen & David? Imperial VIP Services, 1-604-216-0021 Confirmation # 10054101 Trip cost Gratuities prepaid
	Arrive at Hotel • Time to change for dinner (?), casual attire & jeans OK 5:45pm Meet in Lobby for Taxi	YES NO	Sheraton Vancouver Wall Centre Confirmation # Jonview-24277556 1-604-331-1000 1000 Burrard St, Vancouver BC V6Z 2R9 Travel Time 25 min walk uphill, 6 min drive Driver Gratuity (10-15%)
	Dinner (6pm reservation) • Set menu: Kale salad, Butternut squash ravioli & Prawns (Other for Dan), Steak or Chicken or Salmon, Key Lime Pie or Choc/PB Crunch Bar • Items outside set menu • Beverages & Alcohol	YES NO NO	Cactus Club Coal Harbour, 1-778-924-8899 1085 Canada Place, Vancouver, British Columbia items plus 18% gratuity items plus 18% gratuity
9/16 Wed	Explore Vancouver Island: Victoria & Butchart Gardens 7am – 9:30pm 7am Meet/7:15am Pickup Roundabout outside South Tower Door of hotel TBD Meet Arrive 10 min early at bus parking zone in front of main entrance to Royal BC Museum, 675 Bellvue Street	YES NO NO	Landsea Tours, 1-604-255-7272 • Confirmation #DJ11Y2VV • No voucher needed, trip confirmed by Eric/FT • Bring Passport & DL, credit card • Included: Seaplane, Ferry, admission to Butchart Gardens Gratuities for Driver, Guide (CA \$15 each) Breakfast, Lunch, Dinner (15% gratuity) • Breakfast & Lunch on Vancouver Island • Dinner on Ferry back

9/17 Thu	Breakfast/Brunch 8-10:30am	NO NO	Choose an adventure! Vancouver City Guide Transport; Meal; 10-15% Gratuities
9/17 Thu	11am Meet North Tower of hotel at Hornby Street level 6-7:45pm * alternative times		Rocky Mountaineer Guest Center ✓ Collect Boarding passes & Luggage tags ✓ Advance Online Checkin: Done 9/11 ✓ <i>If we miss today then we must arrange to arrive by 7am to check in at train station.</i>
9/17 Thu	Explore Vancouver: Cliffwalk, Suspension Bridge, Granville Market, Chinatown, Gastown Noon – 5:30pm 11:30am Meet/Noon Pickup Roundabout at South Tower Hotel Door å	YES NO	Westcoast Sightseeing, 1-877-451-1777 • Confirmation #T1DC84KX • Voucher needed, trip confirmed by Eric/FT • Included: Transport, admission to Capilano Suspension Bridge Park Gratuity for Driver, Guide (Ca \$15 each) Lunch (10-15% Gratuity)
9/17 Thu	6-7:45pm * alternative time		Rocky Mountaineer Guest Center (see above) 1-800-653-4105
9/17 Thu	Dinner 6:30-9pm	NO NO	Choose our adventure Transport; Meal; 10-15% Gratuities
9/18 Fri	Motorcoach to Train Station 6:30am Check Out 6:50am Meet/7am Pickup Hotel Lobby of North Tower of hotel 7:30am Meet Host upon arrival	YES	Bring all luggage: 2 tagged/1 carryon backpack Bring: Boarding Passes, Printed Final Trip Documents Confirmation # WHS1644649 Gold Leaf Service Checkin at Train Station/Get Welcome Pack 1755 Cottrell St, Vancouver, BC V6A 2L8, Canada
9/18 Fri	Vancouver to Kamloops 8am – 6:15 to 8pm (9 MT)	YES YES	Breakfast & Lunch, all gratuities Snacks & Coffee, Alcohol/Nonalcoholic Beverage
9/18 Fri	Transport to Kamloops Hotel	YES	Assigned by Rocky Mountaineer. Transfer is 30-45 min So arrival is ~ 8:15pm MT – 9:45pm MT
9/18 Fri	Arrive Kamloops Hotel (3*) 8-9:45pm MT Dinner (Order in?)	YES NO NO	2 Double Rooms per request Kamloops City Guide Staff directs to open restaurants (pizza, burger) Transport; Meal; 10-15% Gratuities
9/19 Sat	Motorcoach to Train Station 7am Check Out 7:15am Meet/7:30am Pickup Hotel Lobby 8:00am Meet Host upon arrival		Bring all luggage: 2 tagged/1 carryon backpack, Boarding Passes, Printed Final Trip Documents Bus Departure time – see post in hotel lobby Check in at Rocky Mtnr Kamloops Train Siding 525 CN Road, Kamloops, BC
9/19 Sat	Kamloops to Jasper 8:30M am PT – 7 to 8:30pm, MT	YES YES	Breakfast & Lunch, all gratuities Snacks & Coffee, Alcohol/Nonalcoholic Bevs

9/19 Sat	Transport to Hotel	YES	Rocky Mountaineer Transfer is 30-45 min So arrival is ~ 8:15pm MT – 9:45pm MT
9/19 Sat	8-9:45pm MT, Arrive Hotel <i>*hotel under renovation</i> Dinner (Order in?)	YES NO NO	Forest Park Hotel , 1-780-852-5111 78 Connaught Dr, Jasper, Alberta TOE 1E0 Confirmation # 3885419 Woodland Balcony Rms Staff directs to open restaurants (pizza, burger) Transport; Meal; 10-15% Gratuities
9/20 Sun	Breakfast/Brunch & Lunch	NO	Choose an adventure! <i>Jasper City Guide</i> Transport; Meal; 10-15% Gratuities
9/20 Sun	Explore Jasper National Park 7am – 2pm MT 2-3pm Buy Groceries 3-3:40pm Prep for Eve Tour	NO NO NO	Choose an adventure <i>Jasper City Guide</i> Jasper Discovery Trail/Bear symbol (5 mi); Jasper Sky Train; Lac Beauvert/Fairmont Lodge (2.5 mi) plus canoe, paddleboat, clipper boat tour; Jasper-Yellowhead Museum; Miette Hot Springs; Jasper Theater (1 hour) Breakfast (x3) 9/21, 9/22, 9/23 Snacks (x4) 9/20, 9/21, 9/22, 9/23 Bring: Snacks, H2O, charged cell (photos), sweater, jacket/boots/hat/gloves, Hope has bug/tick repellent
9/20 Sun	3:45pm MT Meet 4pm MT Pickup		Forest Park Hotel Entrance (curbside)
9/20 Sun	Evening Wildlife Tour 4:15 – 7:30pm MT	YES NO	SunDog Tours, 1-780-852-4056 • Confirmation # 210906 • Ask Hotel Staff for help to find guide Tour Gratuities (10-15%)
9/20 Sun	8pm MT Dinner	NO	Choose an adventure! <i>Jasper City Guide</i> Transport; Meal; 10-15% Gratuities
9/21 Mon	7:30am MT Check Out 7:50am MT Meet Hotel lobby 8:05am MT Pickup @ curb Luggage Transport to Banff		Forest Park Hotel Entrance (curbside)
9/21 Mon	Icefields Parkway to Banff Bus on Icefields Parkway to Columbia Discovery Centre, Ice Explorer onto Athabasca Glacier, then Skywalk 8:15am – 7:30pm MT Breakfast (not included) Box Lunch (included)	YES NO YES NO	SunDog Tours, 1-780-852-4056 • Confirmation # 210906 • Ask Hotel Staff for help to find guide • Bring: Breakfast, Snacks, H2O, sweater, rain jacket, charged cellphone, boots, sunscreen, sunglasses, warm hat & gloves, medications, optional rain pants • Included: Transport, Admissions to Ice Explorer & Icefield Skywalk, Box Lunch Guide Gratuity (Ca \$15/person)

9/21 Mon	Transport to Banff Hotel	YES	Sun Dog Tours (per Eric)
	8pm MT, Arrive Hotel 8:15pm MT Pickup Bus Passes at hotel desk 8:30pm MT Dinner (Order in?)	YES YES NO	Banff Caribou Lodge & Spa , 1-403-762-5887 521 Banff Ave, Banff, Alberta, T1L 1H8 2 Superior Rooms Confirmation # David/Karen 5138068 Confirmation # Hope/Dan 5138072 Transport; Meal; Gratuities (10-15%)
9/22 Tue	<u>Viator: Emerald Lake, Canoe Lake Louise, Moraine Lake</u> 7:55am MT Meet hotel lobby Walk N beyond park 8:15am MT Pickup Rundelstone Lodge, outside front doors 537 Banff Ave, AB T1L 1A1, Canada 8am – 6pm MT Breakfast (bring on bus) Emerald Lake (1 hour) Lunch/Lake Louise Village (1 hour) Canoe Lake Louise (2 hours) Moraine Lake	PAID by Hope/Dan NO NO NO YES NO	Horizon Tours, 1-604-360-4693 • Viator Booking Reference # 1384655215 • Tour Operator Confirmation # VIA-89276194 • Tour Operator Option Code: r2310748 • Tour Operator Product Code: 1162721 • Bring: Breakfast, Snacks, H2O, sweater, rain jacket, charged cellphone, boots, sunscreen, sunglasses, warm hat & gloves, meds, optional rain pants, Hope has bug/tick repellants • Included: Transport, Park Pass/Permits, Skip-the-Line, <u>Canoe rental (per email)</u> Meal, Gratuities Meal, Gratuities <u>Lake Louise Guide</u> • Included: Skip Line, Rent Canoe, paddles, life jackets (per email) Driver & Guide Gratuities (Ca \$15/person)
9/22 Tue	Meet 7pm MT Hotel lobby Depart via Bus 7:30 – 9:30pm MT Dinner	YES NO	Choose an adventure! <u>Banff City Guide</u> <i>Free bus pass provided at hotel desk</i> Meal; 10-15% Gratuities
9/22 Tue	Prep Backpacks: Teahouse Hike 9:30pm MT <i>Shall we meet driver 2pm & explore Banff or stay & explore Lake Louise?</i>		Bring: Ca \$50/person, Backpack w/cover, On-trail Breakfast, 1 L water, snacks, rainjacket & pants, sweater/boots/hat/gloves, sunglasses, sunscreen, meds, blister care, Bear bells, Hope has bug/tick repellants, Hope has park pass printout
9/23 Wed	4:45am MT Meet Hotel Lobby 5:00 am MT Pickup Curbside **Set pickup w/driver	YES	Discover Banff Tours, 1-403-760-5007 Confirmation # 568HV9SR Included: RT Transport, Driver Gratuity

9/23 Wed	Lake Agnes Teahouse Hike 6am – 1:30pm MT Brunch & Tea	NO	Ca \$50/person, See links below spreadsheet for details. NOTE: rain likely today for 5-hr Hike, 2.5 hours oneway
9/23 Wed	Explore Lake Louise 1:30-5:30pm MT	NO	Choose an adventure! Lake Louise Guide Lakeshore Trail, Fairview Trail, Shopping, Bar, Dining – early dinner/gratuity (?)
9/23 Wed	5:45pm MT Meetup TBD 6pm MT Meet Driver	YES	Discover Banff Tours, 1-403-760-5007 Confirmation # 568HV9SR Included: RT Transport, Driver Gratuity
9/23 Wed	7pm Hotel Dropoff Explore Banff by bus? Dinner Explore Banff?	YES YES NO	<i>Free bus pass provided at hotel desk</i> Meal; 10-15% Gratuities Choose an adventure! Banff City Guide Banff Hot Springs last entry 9:30pm; bus every 20 min, no reservations
9/24 Thu	8am MT Hope calls Taxi pickup 8:10am MT Meet Hotel lobby	YES	24/7 Banff Transportation Group, 1-403-762-000 <i>Look for “Banff Taxi” or “Taxi Taxi” logo on car</i> • Give driver printed voucher (Hope has)
9/24 Thu	8:30am MT Arrive @ Gondola 8:50am MT Checkin 9:00am MT Upload Line 9:10am MT Ascent Starts **Verify Last Descent Time	YES	Brewster, Inc., 1-866-532-6150 (ext. 3) Confirmation # 3894999, <i>Hope has printout</i> <i>Checkin @ Ticketing Window, show voucher</i> 10-min ride Varies daily
9/24 Thu	9:20 – 10:45am MT Explore 11am-12:45pm MT Lunch @ Sky Bistro	NO PAID by Hope/Dan	Boardwalk, Interpretative Center, Views OpenTable Confirmation # 290620 Window Tables are for 2 only, not guaranteed
9/24 Thu	12:55pm MT Checkin 1:00pm MT Upload Line 1:00pm MT Hope calls for Taxi 1:10pm MT Descent Starts	YES	<i>Checkin @ Ticketing Window, show voucher</i> <i>(Hope has printout)</i> OK to descend anytime later than Voucher window, but must leave by ??? (verify time)
9/24 Thu	1:20pm MT Meet Taxi 1:30pm Dropoff Hotel lobby	YES	24/7 Banff Transportation Group, 1-403-762-000 <i>Look for “Banff Taxi” or “Taxi Taxi” logo on car</i> <i>Give driver printed voucher (Hope has)</i>
9/24 Thu	1:30 – 3:45pm Grocery shopping? Prep for Stargazing Tour	NO	Snacks, Sandwiches for dinner Bring: Dinner, Snacks, water bottle, sweater, jacket, charged cellphone, boots, warm hat & gloves, meds, Hope has bug/tick repellants, Hope has Park Pass printout

9/24 Thu	4:00pm MT Meet Hotel lobby 4:15pm MT Pickup Curbside		Into the Wild Tours, 1-403-762-5887 White Ford Van “Into the Wild” logo
9/24 Thu	<u>Viator: Moraine Lake Walk, Sunset & Stargazing</u> 4:15 – 10:45pm MT	PAID by Hope/Dan	Into the Wild Tours, 1-403-762-5887 • Booking Reference # 1384664447 • Tour Operator Confirmation # 343544515 • Tour Operator Product Code # ri235260 • All 4 waivers completed & received per email (Daniel, Hope; David, Karen) Included: Telescope, binoculars, chairs, blankets, tea/hot chocolate/water refills, headlamps, ponchos/umbrellas, 1 tree planted with Green Planet Project
9/24 Thu	Transport to Hotel 10:45 – 11:30pm MT		Into the Wild Tours, 1-403-762-5887
9/25 Fri	Layover Day Sleep in Explore Banff	NO	Choose an adventure! Banff City Guide <i>Free bus pass provided at hotel desk</i>
9/26 Sat	9:00am MT Check Out 9:15am MT Meet Hotel lobby 9:20am MT Pickup @ curb 11:30am MT Arrive YYC 2pm <u>United Air Flight UA1953</u>	YES NO	Hope & Dan TRANSFER to Calgary Airport Banff Airporter/Banff Sedan, 1-403-782-3330 Confirmation # 543023 Not Included: Driver Gratuity 10-15%
9/26 Sat	1:00pm MT Check Out 1:15pm MT Meet Hotel lobby 1:20pm MT Pickup @ curb 3:30pm MT Arrive YYC	YES NO	David & Karen TRANSFER to Calgary Airport Banff Airporter/Banff Sedan, 1-403-782-3330 Confirmation # 544546 Not Included: Driver Gratuity 10-15%

HIKING

Banff Trails – buy & carry bear spray & Bear Bells

<https://thebanffguide.com/larch-season-banff-guide/>

Download Trail Maps for Offline Use

- Before you arrive [Download AllTrails](#) and Google Maps [FOR OFFLINE USE](#) (Android phone)

Trail Conditions: Visit: <https://parks.canada.ca/pn-np/ab/banff/bulletins>

Lake Agnes Trail <https://www.alltrails.com/trail/canada/alberta/lake-agnes-trail>

Lake Agnes Trail Conditions with updates: <https://parks.canada.ca/pn-np/ab/banff/activ/randonnee-hiking#agnes>

Lake Agnes Tea House <https://www.lakeagnesteahouse.com/>

- 1 - 2 hours one way
- 3.5km (2.2 miles) from Lake Louise or 7km (4.5 miles) return
- Elevation gain of 400 meters (1300 feet) and Altitude of 2135 meters (7005 feet)
- 1 litre of water per person minimum - there is no drinking water at the tea house
- Comfortable running shoes are recommended - hiking boots not required - urban footwear, sandals, or heels are not recommended
- Dress for changing weather - bring an extra layer if hiking in the Spring or Fall
- Maps available at Lake Louise or Banff visitor centers