

Rachel's Song

Slow Twostep 4+1

Start 0:00:000

Intro

Wait 2 Meas;; Apt PT; TOG TCH; (To Butterfly)

Part A

L, R, L; R, L, R; L, R, L; R, L, R;
Two Basics;; Under Arm Turn; Basic Ending;

L, R, L; R, L, R;
Left Turn Inside Roll; Basic Ending;

L, R, L; R, L, R;
Left Turn Inside Roll; Basic Ending; (To Butterfly)

B 0:34:920

Part B

L, R, L; R, L, R; L, R, L;
Two Lunge Basic;; (To Closed) Right Turn Outside Roll;

R, L, R; L, R, L;
Basic Ending; Right Turn Outside Roll;

R, L, R; L, R, L; R, L, R;
Basic Ending; Two Open Basics;;

C 0:50:000

Part C

L, R, L; R, L, R; L, R, L; R, L, R;
Two Switches;; Two Open Basics;;

L, R, L; R, L, R; L, R, L; R, L, R;
Two Switches;; Two Open Basics;;

D 1:10:000

Part D

L,R,L; R,L,R; L,R,L; R,L,R; L,R,L; R,L,R; L,R,L; R,L,R;
Triple Traveler;;;; (Pickup To RLOD) Triple Traveler;;;;(RLOD)

A 0:00:000

Part A

L, R, L; R, L, R; L, R, L; R, L, R;
Two Basics;; Under Arm Turn; Basic Ending;

L, R, L; R, L, R;
Left Turn Inside Roll; Basic Ending;

L, R, L; R, L, R;
Left Turn Inside Roll; Basic Ending; (To Butterfly)

B 0:00:000

Part B

L, R, L; R, L, R; L, R, L;
Two Lunge Basic;; (To Closed) Right Turn Outside Roll;

R, L, R; L, R, L;
Basic Ending; Right Turn Outside Roll;

R, L, R; L, R, L; R, L, R;
Basic Ending; Two Open Basics;;

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Slow Twostep 4+1

C 0:00:000

Part C

L, R, L; R, L, R;

L, R, L; R, L, R;

Two Switches;; Two Open Basics;;

L, R, L; R, L, R;

L, R, L; R, L, R;

Two Switches;; Two Open Basics;;

D 0:00:000

Part D

L,R,L; R,L,R; L,R,L; R,L,R;

L,R,L; R,L,R; L,R,L; R,L,R;

Triple Traveler;;;; (Pickup To RLOD) Triple Traveler;;;; (RLOD)

A 0:00:000

Part A

L, R, L; R, L, R;

L, R, L;

R, L, R;

Two Basics;; Under Arm Turn; Basic Ending;

L, R, L;

R, L, R;

Left Turn Inside Roll; Basic Ending;

L, R, L;

R, L, R;

Left Turn Inside Roll; Basic Ending; (To Butterfly)

E 2:56:000

Ending

L, R, L;

R, L, R;

Under Arm Turn; Side, Apart, Point;