

Girl Crush

4+1 Slow Twostep

Start 0:00:000

Intro

L; R;

Wait 2 Meas CP Wall;;

Side Draw Touch L&R;;

A 0:00:000

Part A

L, R, L; R, L, R; L, R, L;

R, L, R;

Basics;;

Under Arm Turn;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Lunge Basic

Twice;;

Right Turn Outside Roll;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Basics;;

Under Arm Turn;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Lunge Basic

Twice;;

Right Turn Outside Roll;

Basic Ending; (To PU)

B 0:00:000

Part B

L, R, L; R, L, R; L, R, L;

R, L, R

L, R, L;

Triple Traveler;;; R, L, R

Basic Ending;

Side Basic;

L, R, L; R, L, R; (To Pickup)

Rev Under Arm Turn; (To Wrapped RLOD)

Sweetheart Runs Twice;;

L, R, L; R, L, R; L, R, L;

R, L, R

L, R, L;

Triple Traveler;;; R, L, R

Basic Ending; (To Wall)

Side Basic;

L, R, L; R, L, R; (To Wall)

Rev Under Arm Turn; (To Wrapped RLOD)

Sweetheart Runs Twice;;

C 0:00:000

Part C

L, R, L; R, L, R;

L, R, L; R, L, R;

L, R, L; R, L, R;

L, R, L; R, L, R;

Open Basics;;

Switches;;

Open Basics;;

Switches;;

A 0:00:000

Part A

L, R, L; R, L, R; L, R, L;

R, L, R;

Basics;;

Under Arm Turn;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Lunge Basic

Twice;;

Right Turn Outside Roll;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Basics;;

Under Arm Turn;

Basic Ending;

L, R, L; R, L, R;

L, R, L;

R, L, R;

Lunge Basic

Twice;;

Right Turn Outside Roll;

Basic Ending; (To PU)

Girl Crush

4+1 Slow Twostep

B 0:00:000

Part B

L, R, L; R, L, R; L, R, L;

R, L, R

L, R, L;

Triple Traveler;;; R, L, R

Basic Ending;

Side Basic;

L, R, L; R, L, R; (To Pickup)

Rev Under Arm Turn; (To Wrapped RLOD)

Sweetheart Runs Twice;;

L, R, L; R, L, R; L, R, L;

R, L, R

L, R, L;

Triple Traveler;;; R, L, R

Basic Ending; (To Wall)

Side Basic;

L, R, L; R, L, R; (To Wall)

Rev Under Arm Turn; (To Wrapped RLOD)

Sweetheart Runs Twice;;

D 0:00:000

Part D

L, R, L; R, L, R;

Open Basics;; (To Pickup to Low BFLY)

L, R, L; R, L, R; L, R, L; R, L, R;

L, R, L; R, L, R;

Traveling Cross Chasses 4x;;; (To Wall)

Basic to Pickup;;

E 0:00:000

Ending

L, R, L; R, L, R; L, R, L;

R, L, R;

L, R, L;

Triple Traveler;;; R, L, R;

Tunnel Exit; RLOD

Outside Roll;

Basic Ending; L;

Side to Prom Sway; Change to Oversway;